

## ALTERNATIVE RESEARCH

For example, Caroline Watt from the Psychology Department at Edinburgh did a study on "Defensiveness and PSI". Results indicated that individuals who were rated as highly defensive following a Defense Mechanism Test tended to score below chance on ESP measure. Conversely, those who were rated as low defensive individuals tended to have above chance ESP scores. Indicative that there is a relationship between defensiveness and PSI scoring. Ego, stress, and an inability to relax can detract from the viewing process and the overall outcome of information.

Ganzfeld Studies of creativity indicate that emotionally stimulating targets provide powerful and interesting stimuli.

A ganzfeld study on "ESP and Creativity in an Exceptional Population" was conducted by Marilyn Schlits from the Mind Science Foundation and Charles Horton of Psychological Research Laboratories (PRL). In this study, twenty undergraduate students from the Juilliard School for performing Arts served as a Receiver in a single telepathy Ganzfeld session at (PRL). The students achieved a significant success rate of 50% double the chance expectation of 25%. The students of music demonstrated the most outstanding performance. Six of the eight musicians obtained direct hits. As a group, the Juilliard students' performance was significantly superior to the PRL general population. In other words, creative people such as Artists etc.. have a tendency to score higher than non-artists or non-creative people on psi tests.

Frederick Myers in 1961 was the first to make a connection between genius and psychic ability. He believed that mental imagery is a mediating vehicle for the transition of information from the unconscious mind into conscious awareness. A link between PSI experiences and creative ability was found in people like Mark Twain and Robert Browning.

There are certain shared characteristics of people conducive to PSI experiences. Creativity and psychic experiences are expressions of a dynamic unconscious emotional and instinctual life. These people are open to experience and one with their environment. They have high self-esteem, empathy, and self-understanding. They also demonstrate an ability for relaxation and dissociation. In fact, they demand openness to new and unusual experiences and have a tolerance for the unrealistic. People with PSI potential show high confidence levels and usually have success early in life. They have high expectations with regard to success and are, in general, high achievers.